



# We're Everyturn Mental Health

We're a charity working on behalf of  
the NHS and local authorities.



[everyturn.org](https://everyturn.org)



# Contents

- 3** Who we are
- 7** Our services
- 9** NHS Talking Therapies
- 11** Crisis support
- 13** Community & wellbeing
- 15** Dementia care
- 17** Nursing care
- 19** Children & young people's services
- 22** Working together



Who we are





**We're a national mental health charity with roots in the North East, providing services on behalf of the NHS and local authorities.**



We're dedicated to supporting people and communities across the country with their mental health.

In 1986, a man called Tom Carpenter founded our charity, which was then called Mental Health Concern. Tom was determined to change people's experience of mental health care. The charity was founded with the purpose of giving compassionate, individual, person-centred support, to help people live the life they want to live.

While we started as a single dementia care home, fast-forward nearly 40 years and we've become Everyturn Mental Health. We might be bigger, and we have a new name, but the work we do every day is still driven by Tom Carpenter's values and vision.

**We're still here so no one has to struggle alone.**



# We're here for people from all walks of life.



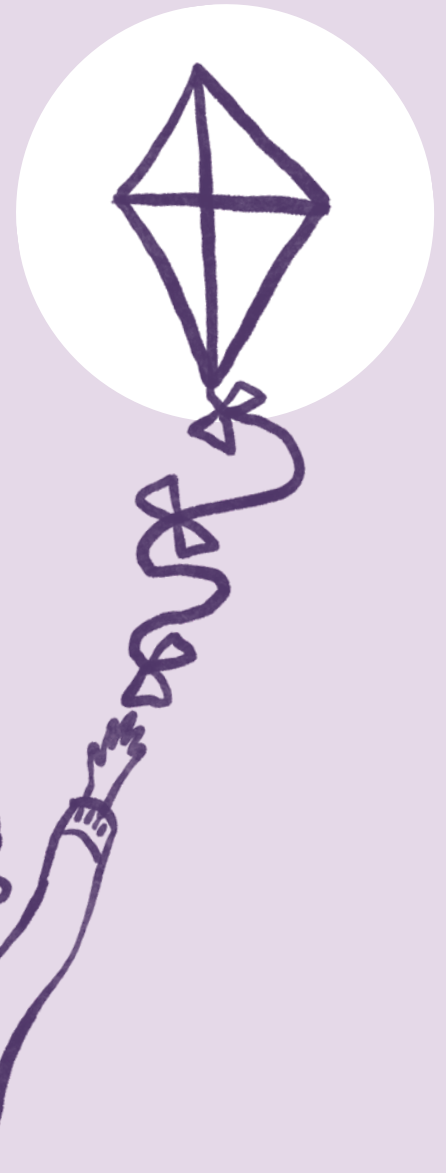
Our mission is to provide high-quality integrated mental health and wellbeing services, putting people and communities at the heart of everything we do.

Our specialist services include NHS Talking Therapies, hospital avoidance and step-down services, 24-hour adult nursing, crisis support, services for children and young people, community and wellbeing services, and dementia care.

We work to understand the needs of every person and community we support, and offer care that is personalised, compassionate, and impactful.

We're here to help every person we work with to live the life they want to live, and feel valued.

**Whether clinical or practical help is needed, when we support someone, we care about their whole life.**







# Our services







## **North East & Cumbria**

Community & crisis support, hospital step-down & avoidance services, children and young people's services

## **Wirral**

NHS Wirral Talking Therapies

## **Nottingham & Nottinghamshire**

NHS Nottingham and Nottinghamshire Talking Therapies

## **Derby & Derbyshire**

NHS Derby and Derbyshire Talking Therapies

## **Peterborough & Cambridgeshire**

NHS Peterborough and Cambridgeshire Talking Therapies

# NHS Talking Therapies



**We offer NHS Talking Therapies and waiting list support across the country.**

We work with people to help them to understand their problems, work through difficult feelings, and develop coping strategies to help them feel better.

We also have a team of therapists who offer waiting list support for other talking therapy providers.

**We provide NHS Talking Therapies in:**

-  Derby & Derbyshire
-  Wirral
-  Nottingham & Nottinghamshire
-  Peterborough & Cambridgeshire





# Crisis support

---

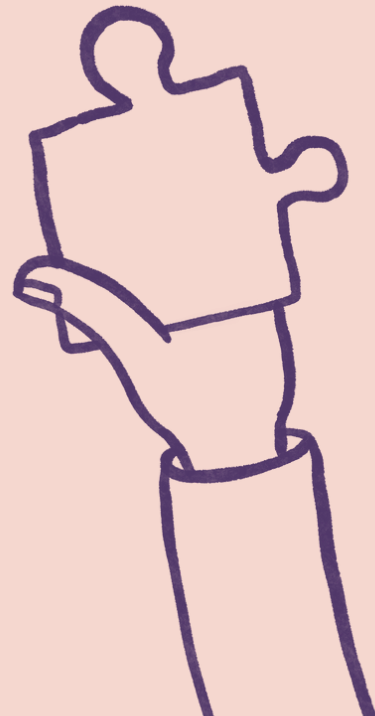


**We're here to listen and offer guidance during the most difficult times. Many members of our team have their own lived experience of crisis and mental ill-health.**

Whether someone needs same-day support they can access on the high street, or longer-term help, we help people tackle the practical and emotional issues causing their crisis.

**We provide practical, hands-on support to help people get things back on track.**

- Together in a Crisis
- Safe Havens
- Distress Brief Intervention
- Telephone support (NHS 111)
- Crisis houses







# Community & wellbeing

---



## All kinds of things can impact our mental health.

Difficulties with finances or debt, relationships, housing, work, unemployment, or social isolation can make life really hard.

We help people to find practical, hands-on support to tackle issues like these. We also focus on building support networks, making friendships, and finding ways to stay well in the future.

**From connecting with others to learning new skills, our community services help people to feel more like themselves again.**

- Community mental health support
- Recovery Colleges
- Waiting list support
- Supporting older people to live independently
- Employment advisors







# Dementia care



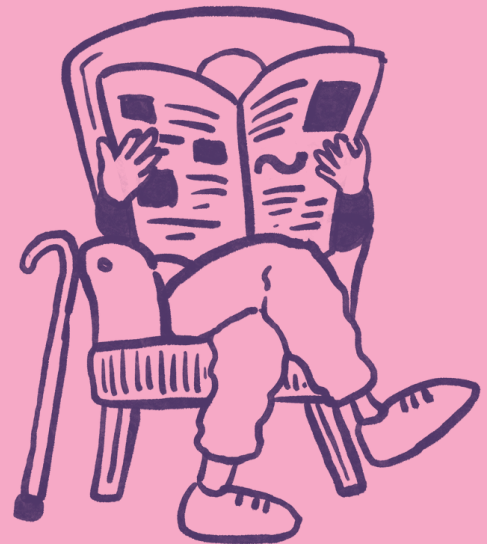
**We believe passionately in providing good care to people with dementia and their families.**

Everyone has their own story and experiences. Our teams take the time to listen to the person with dementia, and their families, about how they can feel safe and at home, while always being treated with dignity and respect.

Everyturn started as a single dementia care home nearly 40 years ago - it's what we've always done. Our teams have the expertise and compassion to give personalised care that meets the unique needs of each person.

**We're here to make a positive difference in the lives of the people we support, from initial assessment to offering support to carers to help someone with dementia stay in their own home.**

- Dementia assessment
- 24-hour dementia nursing care
- Respite care
- Community behaviour support service







# Nursing care

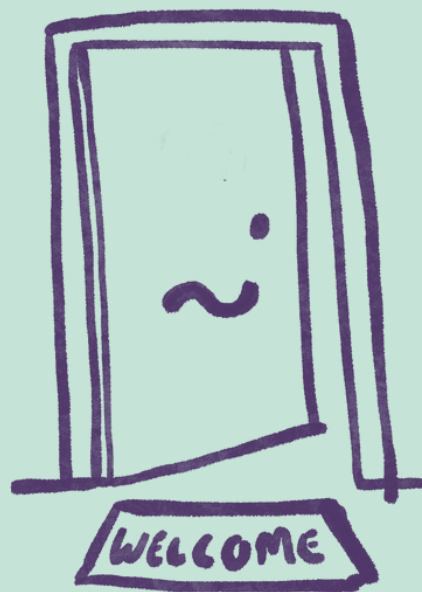


**We're here to help people with complex mental health issues to live well and independently in the community.**

Our nursing homes are often the first step away from hospital care. Our goal is to help adults and older adults to manage their mental health condition and develop the skills to live a satisfying life.

**The specialist teams across our nursing services are committed to empowering people to regain independence.**

- 24-hour specialist adult care
- 24-hour specialist older adult care
- Clinical case management service
- Community rehabilitation transition service







# Children & young people

---

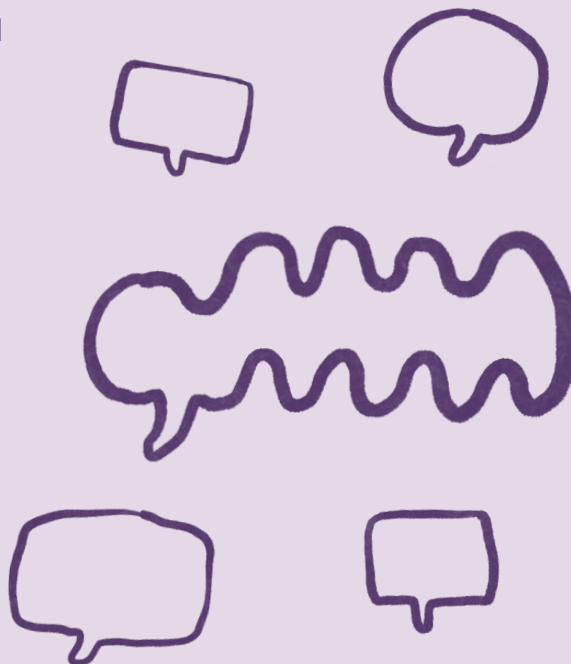


**We're committed to providing life-changing, person-centred support for children and young people in the heart of our communities.**

In 2025 we merged with Streetwise, an award-winning charity with over 30 years' experience in supporting young people aged 11-25. Streetwise has delivered information, advice, and counselling to children and young people across the North East since 1991.

**We offer essential support to young people aged 11-25 years:**

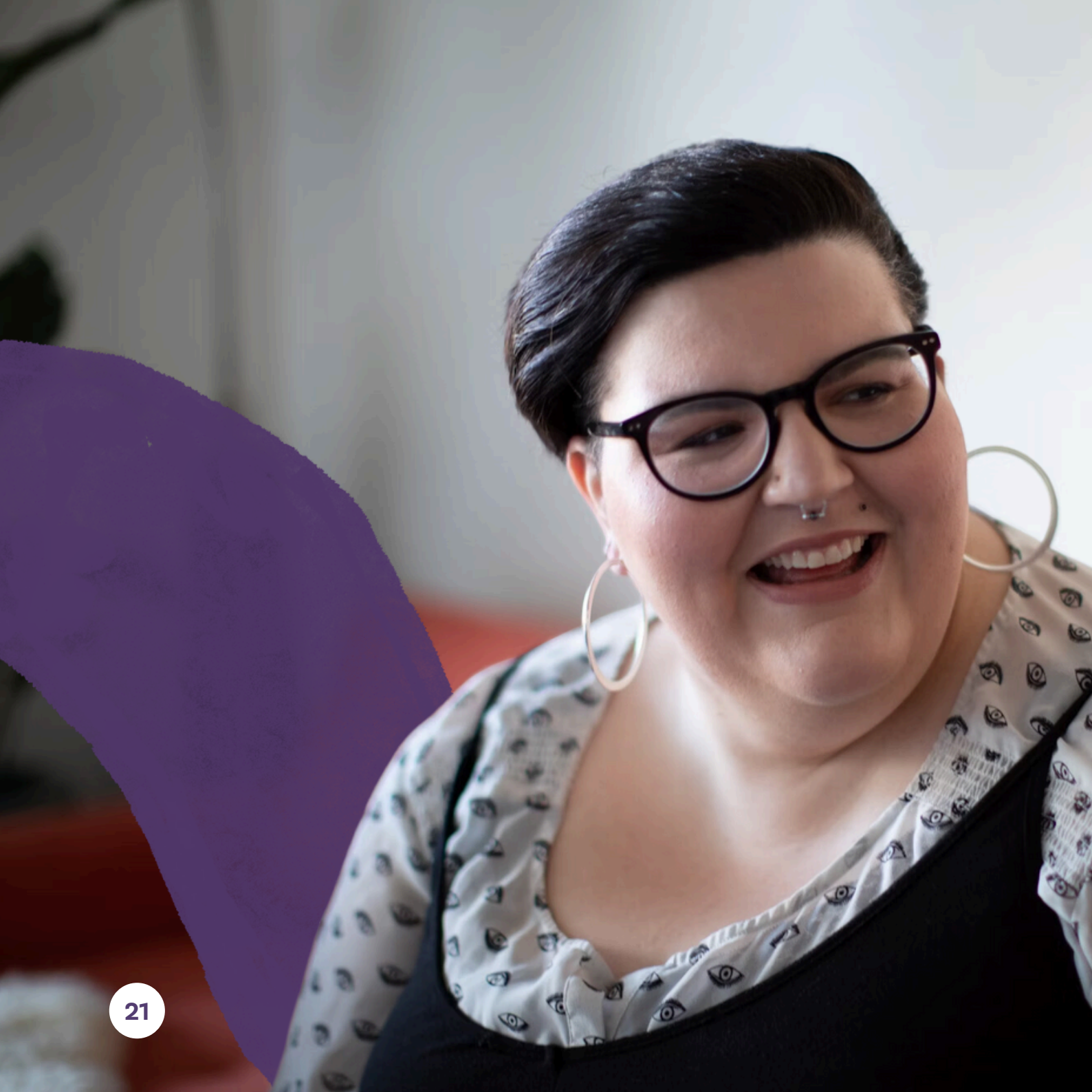
- Counselling
- Mental wellbeing service
- School hubs
- Crisis support
- Waiting list support











# Working together

---

Our goal is for you to get all the benefits of working with a large, experienced NHS and social care-aligned organisation, but with the flexibility and creativeness of a charity.



Scan me!

## Get in touch:

---



**Pasha Tanriverdi (he/him)**  
**Head of Development**

✉ [partnerships@everyturn.org](mailto:partnerships@everyturn.org)

🖱 [everyturn.org/partner-with-us](https://everyturn.org/partner-with-us)



## **Everyturn Mental Health**

T: +44 (0)191 217 0377  
E: [partnerships@everyturn.org](mailto:partnerships@everyturn.org)

2 Esh Plaza  
Sir Bobby Robson Way  
Newcastle upon Tyne  
NE13 9BA

**[everyturn.org](http://everyturn.org)**



Everyturn Mental Health is the trading name of Everyturn a registered charity (charity number 519332) and a company limited by guarantee registered in England and Wales (company number 02073465) and Everyturn Services Ltd, company registered in England & Wales (company number 4391008).