



Northumberland Safe Haven

at The Bothy

Information for professionals



everyturn.org

About the Safe Haven

The Safe Haven is open 365 days a year, 2.00-10.00pm.

It's hosted in The Bothy, a dedicated building in Ashington which also hosts Northumberland Recovery College. The space has been designed with support from people with lived experience of mental health difficulties.

Our mental health support workers help the Safe Haven's visitors to reduce their experience of distress, mental health crisis, and any associated risks.

The support we offer

The Safe Haven team works with visitors to manage their emotions and access ongoing support to tackle practical issues causing their mental health crisis. These issues could include social, financial, housing or relationship issues.

Safe Haven support includes personalised needs and risk assessments, to facilitate:

- Person-centred problem solving.
- Safety planning and intervention delivery to reduce the risk of the person's experience of crisis.
- Referral/access to other community services which meet the person's wider needs.

People can access support in-person at The Bothy, or virtually via phone or video call.

Who is the Safe Haven for?

Anybody aged 18+ can access the Safe Haven. Visitors don't need to live locally to access support, they might be visiting the area and can still visit us for help.

Our referral process

You can refer people to the Safe Haven by telephone, or by completing the referral form available on the our website: www.everyturn.org/crisis-support/safe-havens

Find us

The Bothy
14 Laburnum Terrace
Ashington
Northumberland
NE63 0XX

Scan to visit
the Safe Haven
web page



everyturn.org/crisis-support/safe-havens

Contact us

Email us:

etmhld.safehavennorthumberland@nhs.net

Call us:

01670 336139



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