

**We're here so no
one struggles alone**



Proposition pack

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We are here so no one struggles alone

Everyturn Mental Health was born of the NHS in 1986. From a single care home, we have grown to provide a range of specialist, NHS-commissioned mental health services, including crisis support, NHS Talking Therapies, dementia care services, 24-hour specialist adult care, supported housing and community wellbeing services.



Adam Crampsie
(He/Him)
Chief Executive

We support some of the most vulnerable people within our communities, often with complex and multi-faceted health and social issues. Our services reduce pressure on the health and care system by providing alternatives to acute hospital admission, managing people who would otherwise be on specialist secondary care pathways and helping them to integrate more effectively within their communities to build mental health and wellbeing resilience.

We know that no single organisation can do it all; to make a sustained and positive change to people's lives requires a partnership approach to mental health care.

We can only meet the needs of our communities by sustaining robust relationships with our NHS, local authority and VSCE partners. Co-creation and evaluation of services with our partners is key to ensuring that specialist resources are used effectively across the system and that no one is left to struggle alone with their mental health.

“We’re now turning our vision to the future, to embrace the changing landscape of community mental health care.”



7,547

people supported
across our community
and crisis services.



Over
60,000
referrals for NHS
Talking Therapies.

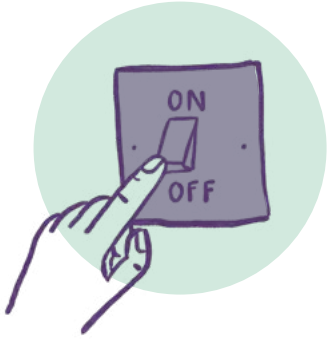


2,879

people in crisis
supported.



95%
of people would
recommend
our talking
therapies to
friends or family.



52,958

support sessions
for people in mental
health crisis.



190

acute hospital
admissions avoided
for people with dementia.

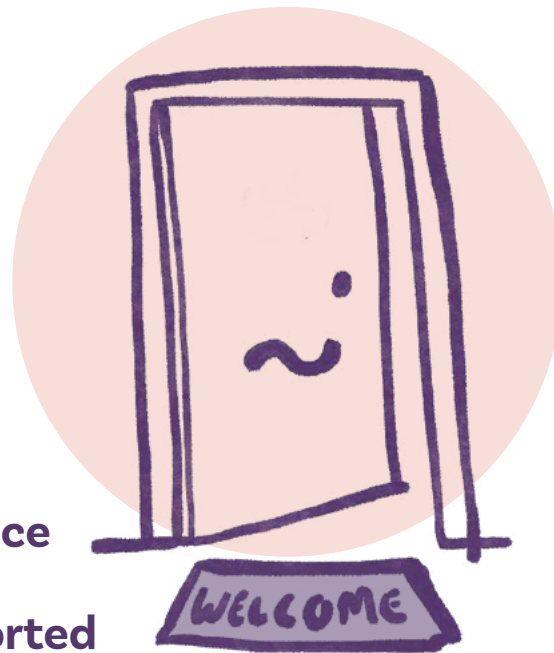
48

specialist
dementia
care beds.



10,769

hours of face-to-face
support given to
people in our supported
housing properties.



55

specialist functional
mental health beds for
adults and older adults.



Proposition pack





Everyturn Mental Health is a national partner to the NHS. Our unique place as a non-profit means we can innovate and act as an extension to the NHS.



High-intensity specialist care

Lower-intensity support



Dementia services



24-hour CQC registered high-acuity services

For dementia and older person's functional mental health.

Housing and 24-hour nursing care



24-hour CQC registered services

Rehabilitation services for adults and older adults taking their first steps away from hospital or forensic services.



Supported housing services for people with serious mental illness

Providing houses and specialist mental health support.

Community and wellbeing services



Crisis services working in partnership with Trust crisis teams

Meeting psychosocial needs contributing to mental health crisis in the community.



Link Workers and Peer Support Workers

Delivery of community mental health transformation.

NHS Talking Therapies & employment services



Talking therapies & employment services

Integrated NHS Talking Therapies model with community mental health framework.

Community & crisis support

Our non-clinical colleagues partner with and complement NHS Trust clinical teams, to provide crisis care in the community. Together, we work to improve the wellbeing of people whose life situation has pushed them into crisis.



“It’s been up and down and there have been times where I haven’t been very nice to you. But you stuck with me and you didn’t give up.”



We keep the process going

We’re not here to diagnose or provide clinical support, we’re here to make sure someone doesn’t get stuck in the system, and make sure they are able to feel well and stay well.

We listen

We’re here to listen and support during stressful times. We help people find a route to feeling better, be a shoulder to cry on, or just offer a helping hand when they need it.

There throughout everything

From filling in a form, to attending appointments – we’re here to offer useful information and help people navigate complicated processes, so they can get the support they need. We won’t disappear in the middle of things – we’re there every step of the way.

An alternative to hospital

We partner with secondary care to provide 24/7 crisis beds. People in crisis can choose to stay with us as an alternative to acute hospital admission. Our specialist teams collaborate with the people who use the service, alongside the wider multi-disciplinary team, to resolve the issues that have caused the crisis, so the person can move back into the community within four weeks.

We’ve been there

Many of our team members have lived experience of mental ill-health. We know what it’s like being in crisis and trying to navigate confusing systems on your own. That’s why our community services have been set up: to help people through it all. We work flexibly with the individual, because we know life is never simple. We always make sure people get the help and support they need and deserve.

Meeting psychosocial needs
with community-based support.
Delivering community mental
health transformation.



Employment
support



Community
peer support



Crisis support



Our services



Mental health
Link Workers



Recovery colleges



Long-term
condition support



Support for
older adults

NHS Talking Therapies

Everyturn Mental Health provides personalised, compassionate, and empathetic support to people struggling with their mental health.

We're here to help people find their own path to feeling better. By working with other services in the community, Everyturn Mental Health makes sure that everyone gets clinically excellent support.

We connect communities

Our connection to wider community services is what makes us special. We offer more than just therapy. Through our personalised service, we help people become the parent, friend, and employee they want to be, and make whole communities feel better.

It's never 'one-size-fits-all'

We're not ones to tick boxes and try to push someone into a certain treatment channel just because it's easier for us. This is all about the person. We know everyone's journey to feeling better is different, and Everyturn Mental Health will confidentially talk someone through all the processes and guide them through options that help them with their mental health.

Easily accessible

We're one of the top-performing providers of therapy services in the country. People can access our service whichever way is best and easiest for them. Whether through a simple online form, a phone call to one of our friendly team members, or a chat with a GP, we're here to get everyone the help they need quickly and easily.

Clinical excellence

All our therapists are qualified and professionally accredited, offering the highest quality, evidence-based treatment through someone's journey to feeling better.

Digital solutions

Our NHS Talking Therapies services can be accessed via an AI referral tool on our website, which streamlines the assessment process. During therapy, patients can use our therapy support app, which allows them to complete clinical questionnaires prior to their sessions, record mood logs, and complete 'homework' in-between sessions to improve their likelihood of recovery.

“At all times the therapist treated me with courtesy and respect and listened to me.”



Talking therapies & employment services.
Integrated NHS Talking
Therapies model with
community mental
health framework.



Employment
advisors



Digital therapies



Psychoeducation
webinars



Counselling
services



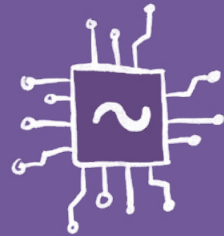
High-intensity CBT



Guided low-intensity CBT



Community
development



Artificial intelligence
(AI) technologies



Housing & 24-hour nursing care

Everyturn Mental Health provides homes for people with complex mental health conditions, as part of their journey towards living independently in the community.



We work flexibly to provide specialist support when it's needed, whilst allowing each person to gain their independence in a safe, supportive environment.

Everyone deserves to feel at home

Independence is so important. We're committed to empowering the individual to get their life back, and we're there if they need some extra support.

We don't make assumptions based on someone's past

We provide an important stepping stone to help people to live independently and be part of the community, regardless of any forensic or substance misuse histories.

There through everything

Our team is there for someone through their ups and downs. We listen to them and support them on their road to recovery. We're there when someone needs us, and we always respect their independence and freedom.

Feeling at home

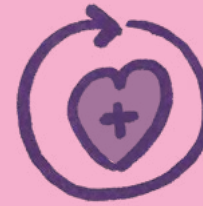
Our priority is to always make someone feel safe and at home. Our specialist housing and 24/7 nurse supported beds, offer stability and encourage independence to help people get things back on track.

"I finally feel at home."

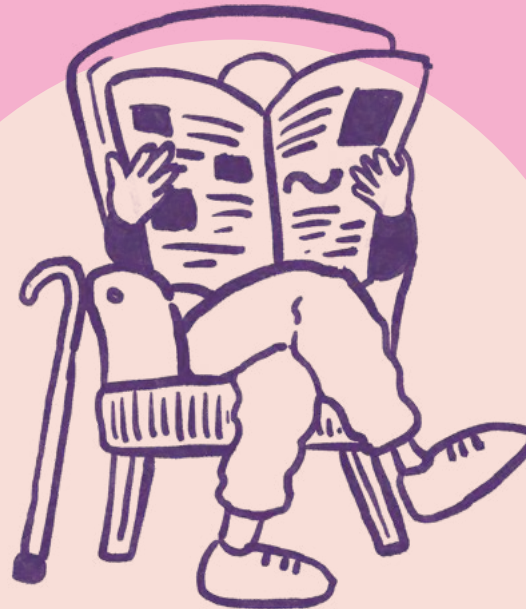




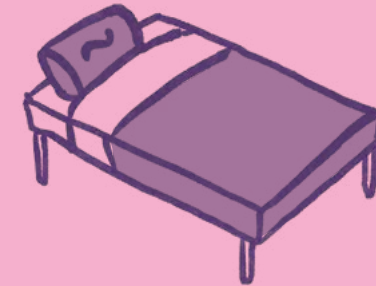
Supported housing



24-hour adult
nursing care



Our services



Crisis beds



A place to live
independently

24-hour older
adult nursing care



For adults taking their first steps away from hospital or prison. Providing houses and specialist 24/7 mental health support.

Dementia care



Everyturn Mental Health offers specialist personalised care for people with complex dementia and their families, bridging secondary care and the traditional social care system.

Everyone has their own story and experiences. Our caring team take the time to listen to families about how they can feel safe and at home, while always being treated with dignity and respect.

Understanding dementia

Living with dementia and caring for people with dementia can be very challenging. Our community team and specialist care homes provide support to people to address these challenges, helping people to learn how to live-well with dementia.

Feel at home

Our care homes are exactly that: homes. We know the importance of feeling at home, both for residents and loved ones. We always make sure everyone feels safe and comfortable.

We go beyond caring for just our residents

We know that dementia impacts the whole family, and we are there for them, just as much as we are there for their loved one. We will always talk to families about how things are going, include them in decision making and care planning.

We work with the individual

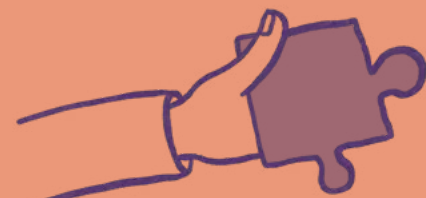
There's no 'one-size-fits-all' solution when it comes to dementia care. Our staff are qualified, trained and highly skilled at understanding a range of approaches to make the people we support feel safe, and comfortable. We take the time to get to know families, and together we make sure everyone's needs are being met.

We look at the person beyond dementia

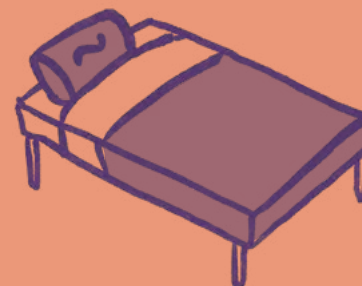
Everyone has their own story and experiences, and we anchor our treatment around the person, not their condition. Our focus is on delivering support that has a lasting positive impact on the wellbeing of the individual and the wellbeing of their families and carers.

“We feel as though we’ve got our mum back.”





Dementia
outreach service

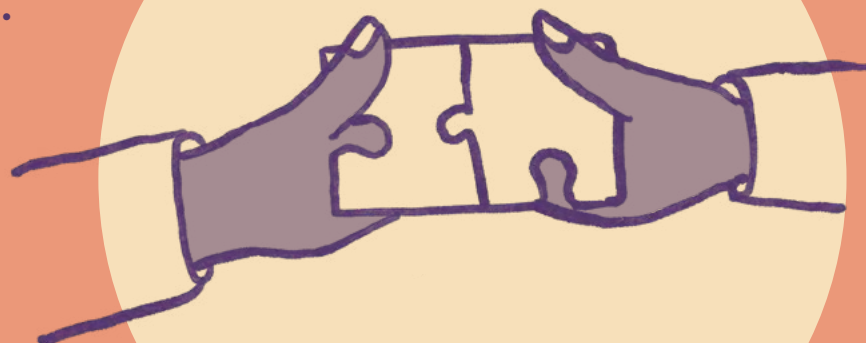


Dementia respite
and assessment

Community outreach and
24-hour high-acuity services.



Living independently
in the community, with
support when needed



Our services



24-hour
dementia care



Specialist
24-hour care

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